



## Santa Margarita Catholic High School

# INCOMING FRESHMEN 2009 SUMMER FOOTBALL CAMP

Starting MONDAY, JULY 13<sup>th</sup>

Santa Margarita Catholic High School is offering a football camp for Incoming Freshmen to introduce them to the EAGLE football program and prepare them for the upcoming season. This camp is designed to teach specific skills, both physically and mentally, which are necessary to be competitive in EAGLE football.

This football camp is vital to the 2009 football season. The football program will compete in the Trinity League, Pac-5 Division at the Varsity, JV, and Freshmen levels which is considered to be the one of the most competitive leagues in California. Every player's participation in this camp is essential for our team's success during the 2009 campaign. Weightlifting, conditioning, and team unity will be major focuses during this camp.

Our camp is open to all student athletes who desire to participate in football at SMCHS. Football camp will include summer passing league which will take place some evenings and Saturdays. The 2009 football summer camp will be **FIVE** days a week. For the freshmen, double days will immediately follow summer camp without any break. Once they start camp, the players belong to the football program!

The exact schedule will be available later in the year.

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Camp cost \$300 – Absolutely NO REFUNDS!

**Please issue a separate check from all other football fees made payable to: "SMCHS Summer Camp."  
Please send check and this form to the attention of Mike Jacot, Football Office  
no later than Thursday, June 11<sup>th</sup>, 2009.**

NAME: \_\_\_\_\_ FRESHMEN FOOTBALL

ADDRESS: \_\_\_\_\_ City: \_\_\_\_\_

ZIP: \_\_\_\_\_ E-MAIL: \_\_\_\_\_ Phone: (    ) \_\_\_\_\_

Santa Margarita Catholic High School - Football Office - 22062 Antonio Parkway - Rancho Santa Margarita, CA 92688

(949) 766-6000, Ext. 2213 – [www.eaglesfootball.com](http://www.eaglesfootball.com)

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